



# The Manor Banner

October 2009

***"Neighbors Committed to Community"***  
<http://cmpoaonline.tripod.com/>

## BLOCK PARTY

The Oktoberfest Block Party was held on Saturday September 19<sup>th</sup>. Geddes Circle was blocked off at the top of the circle while the party was in front of 5102. About 50 people attended the party and had a great time meeting and visiting with their neighbors. Bratwurst and hot dogs were provided and everyone brought delicious side dishes and desserts.

The kids participated in body bowling, ladder ball and just running around. The Fire Department was there with their big truck, which the kids (little and big) enjoyed.

There was a Bean Bag Toss tournament for adults and kids. Adult winners of Lowes gift certificates were: Darrel & Andrea Del Duca – 1<sup>st</sup> and Hirro & Hannah Shiba – 2<sup>nd</sup>. The kids division winners of Baskin Robbins gift certificates were: Colin Reed & John Lumpkins – 1<sup>st</sup> and Cameron Graves & Nathan Shiba – 2<sup>nd</sup>.

Pictured below:

John Lumpkins, Colin Reed and Nathan Shiba





## HOLIDAY PARTY

Please join us in celebrating this year's Holiday Party on Saturday, December 12, 2009 from 6:30 pm-8:00 pm. The party will be held at the United Columbine Church on South Platte Canyon Rd.

A flyer will be sent out in December as a reminder...Hope to see you all there!

Please bring your favorite holiday treat or dessert to share!

If you think you will need a ride, please contact Hiroo Shiba, 303-903-8007.



## EXERCISE

An investment you can count on -

Each hour of exercise can increase your life expectancy by two hours. That could add up to about two extra years for adults who begin exercising even as late as middle age.

Physically active people also save about \$500 per year on health-care costs.

You do not need to hit the gym every day. Brisk walking, swimming or even playing golf without a cart also will pay off.

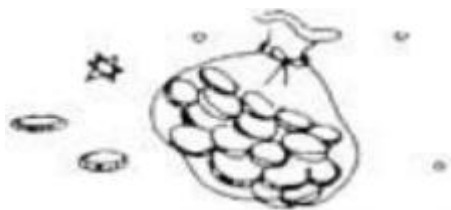
For a free online program to track your activity and diet goals, log on to the American Heart Association's My Start at <http://www.mystartonline.org>

Sources: Harvard University;  
American Heart Association



## FRIENDLY REMINDER

Please keep the garbage cans off the sidewalks on trash day. We want to ensure the school children are safe and do not have to walk in the streets. Thanks.



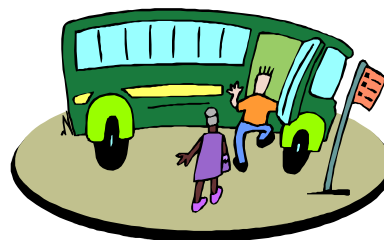
## SUCCESSFUL METAL DRIVE

The metal drive that was conducted on Saturday September 26 yielded 3960 pounds of scrap. That amount translated to \$247.50 that will go into the Columbine Manor Property Owners Association bank account. This metal drive was suggested by Joe Steinbach, one of your board members. Not a bad suggestion, Joe. We need more ideas to add money to our treasury. If you can think of a way to earn money, please let a board member know .

Special notes of thanks go to Chris Graves for the use of his trailer plus Darrel Del Duca and Hiroo Shiba for the use of their pickup trucks.

Also, the crew that loaded and unloaded all the metal was very appreciated - Joe Wuest, Hiroo Shiba, Joe Steinbach, Bob Engel, Scott Larson and Darrel Del Duca.

The people who contributed to this drive were; Sam Bowles, Lee Hammer, Eric Reed, Anne Beaulieu, Hiroo Shiba, Joe Wuest, Don Gonzales, Larry and Diane Lekic, Chris Graves, Lloyd Cowherd, Lula Keithline, Yolanda Smith, Bob Engel, Darrel Del Duca. The winner for the most donated metal was Ethel Robinson.



## SENIOR TRANSPORTATION

Arapahoe County and First Transit have teamed up to provide First Ride senior transportation services. The program, previously managed by Seniors Resource Center, Inc., helps seniors in Arapahoe County continue to live independently in the community through transportation to medical/dental appointments, senior dining centers, grocery shopping and food banks.

The new contractor will provide Arapahoe County seniors designated transportation in small, wheelchair-accessible buses. All buses are visually identifiable with the logo First Ride making it easier for seniors to recognize that their vehicle has arrived.

To make a trip reservation, call First Ride at 720-540-5566. Please note the new phone number.



We are saddened by the loss of our good friend and long time neighbor, Barbara Cowherd. Barbara passed away August 25 after a short illness. September 12, Lloyd Cowherd hosted a barbeque and memorial for Barbara at their home with many neighbors and friends attending. Lloyd knew she would have enjoyed the get together. Our Sympathy to husband Lloyd, son Scott and all of her family.

## **Board Members for 2008/2009**

**Darrel Del Duca (President)**  
**303-973-5435**  
**Hirro Shiba ( Vice President)**  
**303-973-4764**  
**LuAnn McGuire ( Secretary )**  
**720-9819515**  
**Joe Wuest ( Treasurer)**  
**303-904-0117**  
**Jim Barnhill ( Member )**  
**303-979-4594**  
**Michael Derou ( Member )**  
**303-978-1857**  
**Bob Engel ( Member )**  
**303-933-2038**  
**Annemarie Garber ( Member)**  
**303-979-5457**  
**Joe Steinbach (Member)**  
**303-979-2672**

## **BOARD MEETINGS**

The monthly meeting of your Board of Directors for CMPOA is held on the second Wednesday of each month at 7:00 p.m. All members are welcome to attend any of the meetings. If you would like to attend, please call Darrell Del Duca at 303-973.5435. We will add a chair at the table.

## **FUNNIES**

Show me a piano falling down a mine shaft and  
I'll show you A-flat miner.

When a clock is really hungry, it goes back four  
seconds.

The guy who fell onto an upholstery machine  
was fully recovered.

In France, a grenade fell onto a kitchen floor.  
The result: Linoleum Blown apart.

You are stuck with your debt if you can't budge  
it.

Local Area Network in Australia: The LAN down  
under.

He broke into song ... because he couldn't find  
the key.

A calendar's days are numbered.

When you've seen one shopping center you've  
seen a mall.

Evidence has been found that William Tell and  
his family were avid bowlers. Unfortunately, all  
the league records were destroyed in a fire.  
Thus we'll never know for whom the Tells  
bowled.

If you would like to place an article in the Manor Banner, please send your article to:  
[famwuest@msn.com](mailto:famwuest@msn.com)

